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Control Angina Pain with Medications

Angina is a heart-related condition caused by reduced flow of oxygenated blood to the heart itself. *Stable angina*, the most common type, is brought on by the increased oxygen demand on the heart caused by exertion, such as climbing a flight of stairs, and typically lasts only a few minutes. *Unstable angina* is a potential sign of a heart attack, which may occur unexpectedly while a person is at rest. Medical attention should be sought immediately when this occurs. Sensations of pressure, squeezing, fullness, or pain in the center of the chest are descriptive of the symptoms and discomfort associated with the condition. Other symptoms include dizziness, fatigue, and shortness of breath.

Mild angina pain may be controlled with lifestyle changes, such as eating a healthy diet, starting an exercise plan, and losing excess weight. Several medications are recommended for the management of angina. *Nitroglycerin* tablets may be placed under the tongue to allow more blood to flow to the heart. *Aspirin* helps the blood flow through arteries more easily by reducing the ability of the blood to clot. *Beta-blockers*, *calcium channel blockers*, and *angiotensin-converting enzyme (ACE) inhibitors* also may be prescribed. *Ranolazine (Ranexa)* is a newer medication approved for the treatment of stable angina.

Obituaries

Sam Norris Davidson
Sam Norris Davidson, 95, passed away on Monday, August 25.

Mr. Davidson was part of the Community of Corpus Christi from 1950 - 2001.

He was a part of the Texas Society Professional Engineers and Texas A&M Association of Former Students.

Sam attended First Baptist Church and also enjoyed hunting and fishing.

He was preceded in death by his wife, Ollie Ruth Banks Davidson; and parents, Frank Norris and Bertha Davis Davidson.

He is survived by his son, Donald L. Davidson; daughter, Diane Olivo; brothers, John King (J.K.) Davidson and Frank Norman Davidson both of Eagle Lake; sisters, Bertha Marvin Davidson Hall of Corpus Christi and Mary Elizabeth Davidson Kay of Richmond; daughter-in-law, Sarah Janes Arnold of San Antonio; and numerous grandchildren, great-grandchildren, nieces and nephews.

Visitation was held from 7 - 9 p.m. on Friday, August 29 at Seaside Funeral Home.

Funeral services were held at 10 a.m. on Saturday, August 30, at the Seaside Funeral Home Chapel with interment following at Seaside Memorial Park.

To view guestbook, leave condolences and shared memories please visit www.seasidefuneral.com

Sympathy is extended to the family in their loss.

Denver Ell "Buddy" Beene
Denver Ell "Buddy" Beene, 87, of El Campo, passed away, Thursday, August 28, at the VA Medical Center in Houston.

Graveside services were held at 11 a.m., Monday, September 1 at Hillcrest Garden of Memory in Hillsboro, Texas

"Buddy" was born April 23, 1921 in Oakwood, Texas the son of William Calvin and Myrtle Lucille (Murphy) Beene.

He served his country in the U. S. Airforce.

On April 5, 1997 he married Robbie Beals in Whitney.

He was a dairy farmer and a member of Novice Baptist Church in Paris, Texas, Hubbard Masonic Lodge #530, 32nd degree Scottish Rite Masonic Lodge in Waco and was also affiliated with the Eagle Lake Masonic Lodge #366 in Eagle Lake.

Preceding him in death were his parents; first wife, Mary Jo Ball Beene on January 26, 1996; daughter, Sherry Lynn Adams on April 20, 1998; granddaughter, Penney Adams; grandson, Paul Adams; two brothers, William Cecil Beene and Robert Barry Beene; and sister, Ola Rae Beene.

Survivors include his wife: Robbie Beene of El Campo; son, David E. Beene and wife, Teri, of Lewisville; step-children, H. L. Austin and wife, Susan, of Eagle Lake, Tim Austin and wife, Maria of Eagle Lake and Larry Marek of Needville; 12 grandchildren; 12 great-grandchildren; and numerous nieces and nephews.

Marshall & Marshall Funeral Directors of Hillsboro was in charge of arrangements.

Visitation was held from 6 to 8 p.m. Sunday, August 31; and from 8 to 10 a.m. on Monday, September 1.

Sympathy is extended to the family in their loss.



Ronald W. Holland

Ronald W. Holland, long-time City Manager of Eagle Lake passed away Tuesday, August 25 after a lengthy illness.

He is survived by two sons, Douglas and Paul Holland of Glen Carbon, IL; and a granddaughter, Allison Joseph of St. Louis, Mo.

Also surviving are his mother, Johnnie Holland and his brother, Ed Holland and his wife, Vada of Eagle Lake and a sister, Ronda Sickels and her husband, Richard, of Winona, Minnesota; as well as numerous aunts, uncles and cousins, nieces and nephews.

He was preceded in death by his father, Wilford P. Holland.

Ron Holland was born in Big Spring, Texas, May 4, 1943 and attended Big Spring public schools, graduating from Big Spring High School in 1961.

In November of 1961 he married Dianne Musgrave. The young family moved to Illinois in 1967

where Holland attended college and received his Bachelor's and Master's degrees from the Southern Illinois University at Edwardsville. After completing his schooling he served as Executive Director of the Ozark Gateway Council of Government, City Manager of Cabol, Missouri and City Manager of LaGrange, before becoming City Manager of Eagle Lake in 1993.

Mr. Holland was a member of the local Lions Club, served on a number of boards and commissions and is past President of the BCL of Texas, a non-profit small business lending institution offering guidance as well as funding for start-up businesses.

Pallbearers were T Lang, Mike Cooper, Larry Dulany, Thurston Webb, Eric Nethery, Bill Lattimore and Major Bengé.

Services were held at the First Baptist Church with Rev. Kevin Collison officiating in Eagle Lake, under the direction of Eagle Lake Funeral Home Friday, August 29, at 2 p.m.

Visitation was Thursday evening 6-8 at the Eagle Lake Funeral Home.

Interment was at the Garden of Memory in De Leon, Texas at 11 a.m. on Saturday, August 30.

Memorials may be sent to the Eagle Lake Police Department Equipment Fund, P.O. Box 38, Eagle Lake, Texas 77434.

Sympathy is extended to the family in their loss.

New Arrivals



Zachary Wayne Etheridge

Zachary Wayne Etheridge was born on August 17 at 8:09 a.m. in Houston. He weighed five pounds, 12 ounces and measured 19 inches at birth. Proud parents Kimberly and Arthur Etheridge welcomed him home to Lissie.

Grandparents of Zachary are Brenda and Wayne Corman of Eagle Lake and JaNeille and the late Emerson "Ike" Etheridge of Chesterville.

Stefani Arely Samaniego

Jaime and Graciela Samaniego of Eagle Lake are pleased to announce

the birth of their third child, a daughter, born August 27 at 3:14 a.m. at Rice Medical Center in Eagle Lake.

Stefani Arely weighed eight pounds, and measured 21-1/2 inches long at birth.

She was welcomed home by siblings, Mitsy, 14; and Jaime, 10.

Maternal grandparents are Elias and Consuelo Medina of Rio Grande, Zacatecas.

Paternal grandparents Elias and Esther Samaniego of Eagle Lake.

Jaime y Graciela Samaniego de Eagle Lake anuncian el nacimiento de su bebe, un nina, Stefani Arely en el hospital Rice Medical Center a las 3:14 a.m. el 27 de agosto.

Hermanos y hermanas, Mitsy 14; y Jaime, 10.

Abuelos maternos Elias y Consuelo Medina of Rio Grande, Zacatecas.

Auelos paternos, Elias y Esther Samaniego of Eagle Lake.

Nada CDA Holds Monthly Domino Party

Domino games, visiting and refreshments were enjoyed by the 30 senior citizens attending the senior citizens domino party held on Wednesday, August 27, at St. Mary's Parish Hall in Nada.

Winners announced at the end of the games were: 42-high, Bernice Popp, 42-low, Karol Kallina, straight dominos Joyce Zbrank, Irene Seifert, Gladys Tyler and Lydia Schoellman, chicken foot, Leona Brzozowski and train, RC Baumgarten. The traveling prize was awarded to Doug McLeod.

Nada Catholic Daughters hosted the event and CDA members, Helen Noteboom, Rosemary Wied, Irene Seifert, Leona Brzozowski, Linda Swoboda and Anita Meisner served as hostesses and served carrot cake and iced tea.

Those attending sang Happy Birthday to Pauline Leopold, Henrietta Patrick, Joyce Zbrank, Lydia Schoellman and Helen Noteboom, all celebrated birthdays during the month.

The next domino party will be held on September 24 from 2-4:30 p.m. at St. Mary's Parish Hall in Nada.

Crimestoppers Offers Reward In Burglary

On August 18, 2008, between 1:00 PM and 7:35 PM, person or persons unknown, burglarized a

residence at 300 E. Prairie, Eagle Lake, Texas. Among the items taken were numerous firearms. This case is being investigated by the Eagle Lake Police Department.

You never have to give your name and if your information leads to an arrest and charges being filed on the criminal, you could earn up to a \$1,000 reward.

Colorado County Crime Stoppers, citizens, law enforcement and the media, are working together to make our community a safer place to live. Together, we can make a difference.

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Attend the Church of Your Choice...

- EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.
- GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.
- GREATER UNION BAPTIST CHURCH: Matthews Community, Co. Rd. 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.
- MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.
- LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.
- BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.
- ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.
- CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.
- THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.
- GREATER NEW FAITH CHURCH: 6406 Guyler, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.
- EAST BERNARD FIRST BAPTIST
- FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.
- FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.
- IGLESIA BAUTISTIA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
- GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.
- WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.
- PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.
- CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake, 234-3437.
- ROCK ISLAND BAPTIST: Bob Allison, Pastor.
- SHERIDAN FIRST BAPTIST: FM 2437, 234-3136.
- WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.

- CHURCH OF CHRIST: Sheridan.
- NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.
- CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.
- HOLY CROSS CATHOLIC CHURCH: East Bernard.
- CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary; 308 N. Stevenson, Eagle Lake; 8 a.m. (Spanish), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.
- ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.
- GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 10 a.m.; Rev. Clement Richard, Pastor; 234-3381.
- LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.
- LISSIE UNITED METHODIST: J. L. Craft, Pastor; 234-2112, Lissie.
- ROCK ISLAND METHODIST: Ken Sellar Jr. Lay-Pastor.
- UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.
- FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.
- VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.
- CrossRoad ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.
- THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.
- CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.
- THE SHEPHERD'S WAY: Interdenominational Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.
- SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.
- ASSEMBLEA DE DIOS HOSANNA: 403 East Main, Eagle Lake; 979-732-1966; Pastor Romero Rodriguez Jr.
- BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith, 979-543-2331. -non-denominational.

Bible Verse of The Week

"He who guards his lips guards his life, but he who speaks rashly will come to ruin."
Proverbs 13:3
Submitted by Donna Samora

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